

## WEEK ONE

4 November  
25 November  
16 December  
20 January  
10 February  
10 March  
31 March



### MONDAY

Option One	<b>NEW</b> Tomato Pasta
Option Two	Mexican Fajitas with Rice
Option Three	Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables	Vegetables of the Day
Dessert	Melting Moment Biscuit

### TUESDAY

Sausage with Mash and Gravy
<b>NEW</b> Creamy Curry with Rice
Jacket Potato with Cheese, Baked Beans or Salmon Mayonnaise
Vegetables of the Day
Blackberry and Apple Crumble with Custard



### WEDNESDAY

Roast Chicken with Roast Potatoes & Gravy
Vegetable Roast with Roast Potatoes & Gravy
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables of the Day
Jelly and Peaches



### THURSDAY

Beef Pasta Bake
<b>NEW</b> Baked Bean Hot Pot
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables of the Day
Winter Cake with Custard



### FRIDAY

Fish Fingers with Chips & Tomato Ketchup
Mexican Bean Roll with Chips & Tomato Ketchup
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Peas and Baked Beans
Chocolate Orange Cookie

## WEEK TWO

11 November  
2 December  
6 January  
27 January  
24 February  
17 March  
7 April

Option One	Cheese and Tomato Pizza With New Potatoes
Option Two	<b>NEW</b> Caribbean Stew with Rice
Option Three	Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables	Vegetables of the Day
Dessert	Vanilla Shortbread

Meatballs in Tomato Sauce with Rice
<b>NEW</b> Cheesy Pasta with Garlic Bread
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables of the Day
Marble Cake with Chocolate Sauce

Roast Gammon with Roast Potatoes and Gravy
Vegan Sausage with Roast Potatoes & Gravy
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables of the Day
Fruit Medley

Chicken Tikka Masala with Rice
<b>NEW</b> Mild Mexican Chilli with Rice
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables of the Day
Peach Upside Down Cake with Custard

Fish Fingers with Chips & Tomato Ketchup
Cheese and Tomato Quiche with Chips & Tomato Ketchup
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Peas and Baked Beans
Oaty Cookie

## WEEK THREE

18 November  
9 December  
13 January  
3 February  
3 March  
24 March

Option One	Macaroni Cheese
Option Two	Vegan Plant Balls in Tomato Sauce with Rice
Option Three	Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables	Vegetables of the Day
Dessert	Chocolate Brownie

<b>NEW</b> Cowboy Casserole
Cheese and Tomato Pizza With Potato Wedges
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables of the Day
Sticky Toffee Apple Crumble with Custard

Roast Turkey with Roast Potatoes and Gravy
Vegan Quorn with Roast Potatoes and Gravy
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables of the Day
Ice Cream

Spaghetti Bolognese with Garlic Dough Balls
Chinese Vegetable Curry with Rice
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Vegetables of the Day
Vanilla Cake with Chocolate Sauce

Breaded Fish with Chips & Tomato Ketchup
Cheese and Red Pepper Frittata with Chips & Tomato Ketchup
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise
Peas and Baked Beans
Cinnamon Swirl with Apple Slices

### MENU KEY

Added Plant Power Wholemeal Vegan

**Available Daily:** Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

# WEEK ONE

4 November  
25 November  
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10 February  
10 March  
31 March



## MONDAY

Option One **NEW** Tomato & Vegetable Pasta **V302**

Option Two Mexican Fajitas **V308** with Rice **SD84**

Option Three Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Vegetables Carrots **SD28**, Green Beans **SD24**

Dessert Melting Moment Biscuit **D231**

## TUESDAY

Sausage **P3** with Mash **SD1** and Gravy **SD118**

**NEW** Creamy Chickpea and Coconut Curry **V303** with Rice **SD84**

Jacket Potato **SD55** with Cheese **V85** Baked Beans **SD22** or Salmon Mayonnaise **F32**

Peas **SD18**, Broccoli **SD20**

Blackberry and Apple Crumble **D74** with Custard **D2**

## WEDNESDAY



Roast Chicken **C4** with Roast Potatoes **SD7**, **SD82** & Gravy **SD118**

Vegetable Roast **V13** with Roast Potatoes **SD7**, **SD82** & Gravy **SD118**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Cauliflower **SD27**, Red Cabbage **SD23**

Jelly **D245** and Peaches **D166**

## THURSDAY

Minced Beef Pasta Bake **B50**

**NEW** Baked Bean Hot Pot **V307**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Broccoli **SD20**, Sweetcorn **SD19**

Carrot and Courgette Cake **D174** with Custard **D2**

## Fish FRIDAY

Fish Fingers **F6** with Chips **SD5** & Tomato Sauce **SD14**

Mexican Bean Roll **V161** with Chips **SD5** & Tomato Sauce **SD14**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Peas **SD18** and Baked Beans **SD22**

Chocolate Orange Cookie **D230**

# WEEK TWO

11 November  
2 December  
6 January  
27 January  
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17 March  
7 April

Option One Cheese and Tomato Pizza **V231** With New Potatoes **SD2**

Option Two **NEW** Caribbean Butterbean Stew **V306** with Rice **SD84**

Option Three Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Vegetables Butternut Squash **SD31**, Peas **SD18**

Dessert Vanilla Shortbread **D57**

Meatballs **C104** in Tomato Sauce **V225** with Rice **SD84**

**NEW** Cheese and Broccoli Pasta **V304** with Garlic Bread **SD50**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Green Beans **SD24**, Cauliflower **SD27**

Marble Sponge Cake **D199** with Chocolate Sauce **D3**

Roast Gammon **P5** with Roast Potatoes **SD7**, **SD82** and Gravy **SD118**

Vegan Sausage **V238** with Roast Potatoes **SD7**, **SD82** & Gravy **SD118**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Broccoli **SD20**, Sweetcorn **SD19**

Fruit Medley **D224**

Chicken Tikka Masala **C45** with Rice **SD84**

**NEW** Mild Mexican Chilli **V309** with Rice **SD84**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Carrots **SD28**, Broccoli **SD27**

Peach Upside Down Cake **D176** with Custard **D2**

Fish Fingers **F6** with Chips **SD5** & Tomato Sauce **SD14**

Cheese and Tomato Quiche **V49** with Chips **SD5** & Tomato Sauce **SD14**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Peas **SD19** and Baked Beans **SD22**

Oaty Cookie **D85**

# WEEK THREE

18 November  
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3 March  
24 March

Option one Macaroni Cheese **V11**

Option two Plant Balls **V237** in Tomato Sauce **V225** with Rice **SD84**

Option Three Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Vegetables Carrots **SD28**, Peas **SD18**

Dessert Chocolate Beetroot Brownie **D169**

**NEW** Cowboy Casserole **P22**

Cheese and Tomato Pizza **V231** With Potato Wedges **SD6**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Broccoli **SD20**, Sweetcorn **SD19**

Sticky Toffee Apple Crumble **D243** with Custard **D2**

Roast Turkey **T1** with Roast Potatoes **SD7**, **SD82** and Gravy **SD118**

Vegan Quorn **V204** with Roast Potatoes **SD7**, **SD82** and Gravy **SD118**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Cauliflower **SD27**, Green Beans **SD24**

Ice Cream **D13**

Spaghetti **SD8** Bolognaise **B48** with Garlic Dough Balls **SD50**

Chinese Vegetable Curry **V212** with Rice **SD84**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Broccoli **SD20**, Carrots **SD28**

Vanilla Sponge **D193** with Chocolate Sauce **D3**

Breaded Fish **F7** with Chips **SD5** & Tomato Sauce **SD14**

Cheese and Red Pepper Frittata **V24** with Chips **SD5** & Tomato Sauce **SD14**

Jacket Potato **SD55** with Cheese **V85**, Baked Beans **SD22** or Tuna Mayonnaise **F11**

Peas **SD18** and Baked Beans **SD22**

Cinnamon Swirl **D244** with Apple Slices **D216**

## MENU KEY



Added Plant Power



Wholemeal



Vegan

**Available Daily:** Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

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